

# Value-Based Insurance Design Resource Toolkit

## Section 1:

### *Benefits and Shared Decision Making Tools*

Brief Description and Meta Analysis of the Impact of Shared Decision Making  
- <http://www.nejm.org/doi/full/10.1056/NEJMp1109283> (All)

Implementation Toolkit  
- <https://decisionaid.ohri.ca/resources.html> (Clinicians)

Implementation Video: Dr. Wexler Video but start at 11:34 (Clinicians)



Inventory of Shared Decision Making Tools  
- <https://decisionaid.ohri.ca/AZlist.html> (All)

Known Shared Decision Maker Users in Maine  
- [http://www.mainehealth.org/mh\\_body.cfm?id=7850](http://www.mainehealth.org/mh_body.cfm?id=7850) (All)

Number Needed to Treat Information on Numerous Diagnoses, Therapies and Risk Assessments  
- <http://www.thennt.com/> (All)

Overview of Shared Decision Making Courtesy of Maine Quality Counts  
- <http://www.mainequalitycounts.org/articles/64-671/shared-decision-making> (All)

Radio Interview with Maine Clinicians Regarding Shared Decision Making  
- <http://news.mpbnet.com/post/shared-medical-decision-making> (All)

(Maine Based) Shared Decision Making Study Group Final Report  
- [http://muskie.usm.maine.edu/Publications/PHHP/Shared-Decision-Making\\_Final-Report.pdf](http://muskie.usm.maine.edu/Publications/PHHP/Shared-Decision-Making_Final-Report.pdf) (All)

Practice Re-design for Complex Patients

- <https://www.youtube.com/watch?v=Y8ha69FXA4E&feature=youtube>

National Information Center on Health Services Research and Health Care Technology (NICHSR) Evidence-Based Practice and Health Technology Assessment

- [http://www.nlm.nih.gov/hsrinfo/evidence\\_based\\_practice.html](http://www.nlm.nih.gov/hsrinfo/evidence_based_practice.html)

Value-Based Insurance Design's Pros and Cons:

- <http://www.washingtonpost.com/wpdyn/content/article/2010/11/29/AR2010112904751.html>

National Business Coalition on Health (NBCH) Value-Based Insurance Design Action Brief

- [http://www.nbch.org/nbch/files/ccLibraryFiles/Filename/000000002241/NBCH\\_AB\\_VBID\\_C.pdf](http://www.nbch.org/nbch/files/ccLibraryFiles/Filename/000000002241/NBCH_AB_VBID_C.pdf)

Health Affairs Value-Based Insurance Design

- <http://content.healthaffairs.org/content/26/2/w195.full>

Option Grids to Help Compare Reasonable Treatments

- <http://www.optiongrid.org/optiongrids.php>

Minnesota Shared Decision-Making Collaborative

- <http://msdmc.org/resources/>

NHS Brief Decision Aids

- <http://www.england.nhs.uk/ourwork/pe/sdm/tools-sdm/brief-decision-aids/>

AHRQ Webinar: Overcoming Barriers to Shared Decision Making

- <http://www.ahrq.gov/professionals/education/curriculum-tools/shareddecisionmaking/webinars/video2/index.html>

## **Section 2:**

### ***Measuring and/or Finding a High Quality, Efficient Provider***

Information on Maine Primary Care Providers and Hospitals

- [www.getbettermaine.org](http://www.getbettermaine.org) (All)

Information for Primary Care Practices to Monitor Health Care Spending

- <http://www.mehmc.org/providers/primary-care-practice-reports/> (Clinicians)

The Patient Centered Medical Home's Impact on Cost & Quality

- [http://www.milbank.org/uploads/documents/reports/Patient-Centered\\_Medical\\_Homes\\_Impact\\_on\\_Cost\\_and\\_Quality.pdf](http://www.milbank.org/uploads/documents/reports/Patient-Centered_Medical_Homes_Impact_on_Cost_and_Quality.pdf)

The International Consortium for Health Outcomes Measurement (ICHOM)

- <http://www.ichom.org/#&panel1-2>

PQRS Wizard: Registry for Reporting

- <https://www.pqrswizard.com/?gclid=CLHGuKeCy8MCFRBo7Aod-y4AnQ>

Finding Quality Doctors: How Americans Evaluate Provider Quality in the United States:  
Research Highlights

- <http://www.apnorc.org/projects/pages/html%20reports/finding-quality-doctors.aspx>

Medicare: Find and Compare Doctors, Hospitals & Other Providers

- <http://www.medicare.gov/forms-help-and-resources/find-doctors-hospitals-and-facilities/quality-care-finder.html>

How America Finds a Doctor

- <http://www.healthgrades.com>

## **Section 3:** ***Payment Reform***

Payment Reform Readiness: A Legal Toolkit for Physicians (October 2013)

- <http://www.mainemed.com/sites/default/files/content/MMA%20Legal%20Toolkit%20for%20Payment%20Reform%20FINAL%20Oct%201%202013.pdf> (Clinicians)

Payment Reform Update: Current Context and Emerging Issues

- <https://www.mainemed.com/sites/default/files/content/MMA%20Payment%20Reform%20Update%20FINAL.pdf>

Maine Medical Association (also provides other helpful payment reform resources on its website)

- <http://www.mainemed.com/cme-education-info/payment-reform-resources> (Clinicians)

Catalyst for Payment Reform Tools for Stakeholders to Aid in Understanding the Need for Payment Reform and Options for Achieving It

- <http://www.catalyzepaymentreform.org/how-we-catalyze/purchaser-strategy-and-tools>  
(Plan Sponsors)

The National Business Coalition on Health (NBCH)

- <http://www.nbch.org/vbpguide>

Healthcare Quality & Payment Reform: Ten Barriers to Healthcare Payment Reform and how to Overcome Them

- <http://www.chqpr.org/downloads/OvercomingBarrierstoPaymentReform.pdf>

Bundled Payment Implementation Toolkit

- <http://info.wellbe.me/acton/attachment/5832/f-00a6/1/-/-/-/BundlePaymentToolkit.pdf>

Limits of Pay for Performance

- <http://www.commonwealthfund.org/publications/q-and-a/2015/apr/limits-of-pay-for-performance>

Innovative Payment for Advanced Primary Care Delivery

- <http://www.mehmc.org/member-resources/publications/innovative-payment-advanced-primary-care-delivery/>

## **Section 4:** ***Supporting Prevention and Self Management***

Social Impact Bond Development Assistance

- <http://hks-siblab.org/>

Social Impact Bond Explanation

- <http://www.rockefellerfoundation.org/uploads/files/655fab01-83b9-49eb-b856-a1f61bc9e6ca-small.pdf>

Families USA: Differences Between Wellness Programs and Value-Based Insurance Design Fact Sheet

- [http://familiesusa.org/sites/default/files/product\\_documents/VBID-Wellness-Programs.pdf](http://familiesusa.org/sites/default/files/product_documents/VBID-Wellness-Programs.pdf)

Social Programs That Work

- [http://www.brookings.edu/blogs/up-front/posts/2014/12/01-show-me-evidence-haskins?utm\\_campaign=Brookings+Brief&utm\\_source=hs\\_email&utm\\_medium=email&utm\\_content=15117561&hsenc=p2ANqtz-8vDFKc4Xtm3PrTUCI51Ke-7Z2DHxpRyov9Exd7RaepxufL9\\_8UzCluiZ1fbgZtdwXY6FxDxEhsS1HHLybEolkHPRQIA&\\_hsmi=15117561](http://www.brookings.edu/blogs/up-front/posts/2014/12/01-show-me-evidence-haskins?utm_campaign=Brookings+Brief&utm_source=hs_email&utm_medium=email&utm_content=15117561&hsenc=p2ANqtz-8vDFKc4Xtm3PrTUCI51Ke-7Z2DHxpRyov9Exd7RaepxufL9_8UzCluiZ1fbgZtdwXY6FxDxEhsS1HHLybEolkHPRQIA&_hsmi=15117561)

Agency for Healthcare Research and Quality (AHRQ): Guide to Clinical Preventive Services, 2014; Recommendations of the US Preventive Services Task Force

- <http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/guide/>

Stanford School of Medicine Chronic Disease Self-Management Program

- <http://patienteducation.stanford.edu/programs/cdsmp.html>

Peers for Progress: Program Development Guide

- <http://peersforprogress.org/wp-content/uploads/2015/02/150224-pfp-program-development-guide.pdf>

## **Section 5:** **Reducing Administrative Costs**

General Resources

- <https://hbr.org/2013/10/the-strategy-that-will-fix-health-care/ar/1>  
- <http://vbidcenter.org/>

Recommended Reading: Redefining Healthcare by John Porter and Elizabeth Olmsted Teisberg

- <http://www.amazon.com/Redefining-Health-Care-Value-Based-Competition/dp/1591397782>

Health Affairs: Cost of Health Care Administration

- <http://content.healthaffairs.org/content/28/4/w544.full>

Centers for American Progress: Strategies for Reducing Healthcare Admin Costs

- <http://americanprogress.org/issues/healthcare/news/2012/06/11/11805/3-strategies-for-reducing-health-care-administrative-costs>

Council for Affordable Quality Healthcare (CAQH) 2013 Healthcare Efficiency Index

- <http://www.caqh.org/pdf/2013Index.pdf>

UnitedHealth Group Health Care Cost Containment - How Technology Can Cut Red Tape and Simplify Health Care Administration

- <http://www.unitedhealthgroup.com/~media/UHG/PDF/2009/UNH-Working-Paper-2.ashx>

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